

ABSTRACT OF DISCLOSURE

A fastening element (1) including a rear grip member (11) for introduction into the longitudinal spaces (17) of the mounting rail (2), in the transport position, and for gripping of holding projections (6.1, 6.2) arranged in the mounting rail (2), in the securing position, and a stop (12) for the front external contact of the mounting rail (2). The stop (12) is connected to the rear grip member (11; 31; 52; 64) by a screw (13). A spacer element (14) is arranged with two projections (15.1, 15.2), between the stop (12) and the rear grip member (11), for temporary fixing of the rear grip element (11), in the transport position. The projections (15.1, 15.2) are mounted spring-biased on the spacer element (14).